

## ITATE\_2/MEDITATE!

Excelsior! Excelsior! Ever Upward - Chant – Chant! Vibrate – Oscillate!  
Being/Becoming! Ifa oracle – I-Ching oracle! Yin and Yang!  
She is the “All” inside of “All” – Upright! Neuromelanin! Androgynous!  
Law of Gender – everything is everything! Yes! Everything is everything!  
“Infinite Living Mind”! Rhythm! Rhythm! Rhythm! Drum! Drum! Drum!  
Drumology – universal rhythm! Rhythm! Rhythm! Rhythm!  
Music of the Cosmos! Vibrate! Music of the Galaxies! Oscillate! Music  
of the Planets! Attuning! Blissful! Chant – Chant!  
We are the syncopators – we are the orchestras – we are the vibratory  
forces... we are non-linear! All Rhythm! Inside/Outside – Up/Down!  
Dance your Dance! Chant – Chant! We are the breath – we are  
Invisible and indelible! We are the Sun/Suns! We are the Moon/Moons!  
We chant – we sing – we dance – we vibrate – we walk on fire – we fly - we walk  
on stilts – we walk on water – we create sound – we are reflectors, we are light -  
we are air – water – fire (All Elements)! We are time – we are within the “All”!  
Duality – cause and effect! Harmonious - Transformative vibratory frequency!  
Drum! Drum! Drum! Rhythm! Rhythm! Rhythm! Chant – Chant!  
We are purpose/core – we are the Galaxies – Inside/outside – No Borders! Zero  
Degrees! Reality! We are the Universe of “Being” – we are the “One”! East, West,  
North – True North, South. Dive into this – Dive into that! Chant – Chant!  
Drum! Drum! Drum! Rhythm! Rhythm! Rhythm!  
We are the: Seas, Rivers, Oceans, Lakes, Poles, Plains, Plateaus, Mountains,  
Ridges, Rift Valleys and Streams. We are The Geological Formations! We are the  
Nucleus – we are the Black Holes! Chant – Chant!  
Curate this – catalogue that – All Rhythm! Breathe the Breath! Vibrate – Oscillate!  
Everything is everything! Yes! Everything is everything! “Infinite Living Mind”!  
Being/Becoming – Ifa Oracle – I-Ching Oracle! Ying and Yang!  
Rhythm! Rhythm! Rhythm! Drum! Drum! Drum! Chant – Chant!  
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