

TIPTOE!

Rhythm! Rhythm! Rhythm! Drum! Drum! Drum!

Tiptoe! Yes! Tiptoeing! The Guru Tiptoeing and cannot skip/jump rope! Yes! Revisiting, empowering, frozen Icy/Icey conditions during the Julian calendar month of January dated Sunday 25th through 29th 2026 – noted: Frozen Icy/Icey conditions throughout property: grounds, dwelling, sidewalk. Driveway, entrance. Yes! Drum! Drum! Drum! Removal engagement ensued to create a pathway – snow shovel ineffective cannot penetrate surface! Pickax implemented and “the Guru” on the move – up, down, – down, up bending, swinging moving left, right – low on the ground blocks here – block there ---Rhythm! Rhythm! Rhythm!

Body mechanism intervened – pain in rib cage- spasms radiating – Yes! Radiating! Age compounded left/right – hip intersected – aging factors – deterioration of the nature of “Being”! We are organisms! “The Guru” tiptoeing – reinforced stupidity/choreographed ignorance ensued by “the Guru” – being aware of the outcome – physician heal thyself- ignoring this – ignoring that! Pain management protocols implemented – fighting cryonics. Yes! Cryonics! Cannot stump your toe! Joan says “walk the neighborhood ...children say check the doctors! Interesting formulations! Pulse self-test shows heart rate pulsating normal – rhythmical breathing consistent and “the Guru” tiptoeing breathing the breath and walking!

Rhythm! Rhythm! Rhythm! Drum! Drum! Drum!

Implementing “the Guru” formulas plus (T-Relief Plant Based Relief Arnica +12.) Massaging and rubbing here and there the process continues – managing inflammatory conditions!

Yes! “The Guru” Tiptoeing!

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4/30-5/1/2026

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